Listening to God – AND – to each other...

Show me your ways O Lord and teach me your paths.

Lead me in your truth and guide me

for you are the God of my salvation

and my hope is in you all day long.

Psalm 25 vv4-5



<u>Obedience</u>

Jesus saíd
"If you love me you will
obey my commandments"

Obedience is derived from the Latin verb oboedio which means not only to obey but to listen.

Lord teach me to listen to you in stillness and give me the grace to be obedient to you.

www.hartlepool-sthilda.org.uk

Try this:

STOP!

sit

QUIETLY

now

RELAX

and

LISTEN

iust

LISTEN...

Use this prayer if it will help:

God,
here I am.
You alone fully know why.
May I rest
on that knowledge
and let it bear me
where YOU will.

Sr Sheila, Community of All Hallows, Ditchingham.